PURPOSE OF HARNESS
A PRD full-body harness is a primary component of a personal fall arrest system. It may also be used for positioning and travel restriction when the appropriate attachments are present. The harness straps are arranged to contain the torso and distribute the forces of fall arrest to the thighs, chest, and shoulders of the wearer.

PHYSICAL LIMITATIONS
The harness is designed for one user whose weight, including clothing, tools, and other user-borne objects is less than the capacity shown on product label. Users with muscular, skeletal, or other physical conditions that could reduce the ability to withstand fall-arrest shock loads or prolonged suspension should consult a physician before using. Pregnant women and minors must never use the harness. See table below for proper sizing.